

November

2018-2019 Lewiston High School Swimming

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Practice: 2:30 - 4:00 pm	20 Practice: 2:30 - 4:00 pm	21 Practice: 2:30 - 4:00 pm	22 Thanksgiving	23 Practice: 9:00 - 11:00 am	24
25	26 Practice: 2:30 - 4:00 pm	27 Practice: 2:30 - 4:00 pm	28 Practice: 2:30 - 4:00 pm	29 Practice: 2:30 - 4:00 pm	30 Practice: 2:30 - 4:00 pm	

2018

December

2018-2019 Lewiston High School Swimming

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1
2	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Meet: Vs. Erskine 3:30 pm	8
9	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Meet: Vs. Cony 7:00 pm	15
16	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Practice: 2:30 - 4:00 pm	Meet: At Camden Hills 6:30 pm	22
23	OFF	CHRISTMAS	OFF	Practice: 9:00 - 11:00 am	Practice: 9:00 - 11:00 am	29
30	Practice: 9:00 - 11:00 am					

2018

January

2018-2019 Lewiston High School Swimming

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 OFF	2 Practice: 2:30 - 4:00 pm	3 Practice: 2:30 - 4:00 pm	4 Meet: Vs. Messalonskee 7:00 pm	5
6	7 Practice: 2:30 - 4:00 pm	8 Meet: At Mt. Ararat 6:00 pm	9 Practice: 2:30 - 4:00 pm	10 Practice: 2:30 - 4:00 pm	11 Meet: At Morse 7:00 pm	12
13	14 Practice: 2:30 - 4:00 pm	15 Meet: At Brunswick 5:30 pm	16 Practice: 2:30 - 4:00 pm	17 Practice: 2:30 - 4:00 pm	18 Practice: 2:30 - 4:00 pm	19
20	21 Practice: 2:30 - 4:00 pm	22 Practice: 2:30 - 4:00 pm	23 Practice: 2:30 - 4:00 pm	24 Practice: 2:30 - 4:00 pm	25 Meet: Vs. Hyde 7:00 pm	26
27	28 Practice: 2:30 - 4:00 pm	29 Practice: 2:30 - 4:00 pm	30 Meet: Vs. Edward Little 7:30 pm	31 Practice: 2:30 - 4:00 pm		

2019

February

2018-2019 Lewiston High School Swimming

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 Practice: 2:30 - 4:00 pm	2
3	4 Practice: 2:30 - 4:00 pm	5 Practice: 2:30 - 4:00 pm	6 Practice: 2:30 - 4:00 pm	7 Practice: 2:30 - 4:00 pm	8 Practice: 2:30 - 4:00 pm	9 Meet: KVAC Championship 9:00 am
10	11 Practice: 2:30 - 4:00 pm	12 Practice: 2:30 - 4:00 pm	13 Practice: 2:30 - 4:00 pm	14 Practice: 2:30 - 4:00 pm	15 Practice: 2:30 - 4:00 pm	16
17	18 Boys State Championship Bowdoin College	19 Girls State Championship Bowdoin College	20	21	22	23
24	25	26	27	28		

2019