

August

2019 Lewiston H.S. Cross Country Schedule

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 <u>Practice:</u> LHS 5:00 pm	20 <u>Practice:</u> LHS 5:00 pm	21 <u>Practice:</u> Thornrag 5:00 pm	22 <u>Practice:</u> LHS 8:00 am	23* <u>Practice:</u> Pineland Farms Bus at 4:00 pm	24
25	26 <u>Practice:</u> Thornrag 5:00 pm	27 <u>Practice:</u> LHS 5:00 pm	28 <u>Practice:</u> LHS 5:00 pm	29 <u>Practice:</u> LHS 2:30 pm	30 <u>Laliberte Invitational</u> At Cony HS 4:00 pm Start	31

2019

September

2019 Lewiston H.S. Cross Country Schedule

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2 <u>Practice:</u> Lake Auburn Trail 8:30 am	3 <u>Practice:</u> LHS 2:30 pm	4 <u>Practice:</u> LHS 2:30 pm	5 <u>Practice:</u> LHS 2:30 pm	6 <u>Away Meet</u> At Edward Little G-4 pm, B-4:30 pm	7
8	9 <u>Practice:</u> Thorncrag 3:00 pm	10 <u>Practice:</u> LHS 2:30 pm	11 <u>Practice:</u> LHS 2:30 pm	12 <u>Practice:</u> LHS 2:30 pm	13 <u>Practice:</u> LHS 2:30 pm	14 <u>Away Meet</u> At Quabacook Relays TBD
15	16 <u>Practice:</u> Thorncrag 3:00 pm	17 <u>Practice:</u> LHS 2:30 pm	18* <u>Practice:</u> Pineland Farms Bus at 2:30 pm	19 <u>Practice:</u> LHS 2:30 pm	20 <u>Away Meet</u> At Leavitt HS G-4 pm, B-4:30 pm	21
22	23 <u>Practice:</u> Lewiston L.L. 3:00 pm	24 <u>Practice:</u> LHS 2:30 pm	25* <u>Practice:</u> Pineland Farms Bus at 2:30 pm	26 <u>Practice:</u> LHS 2:30 pm	27 <u>Away Meet</u> At Oxford Hills G-4 pm, B-4:30 pm	28
29	30 <u>Practice:</u> Thorncrag 3:00 pm					

2019

October

2019 Lewiston H.S. Cross Country Schedule

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 <u>Practice:</u> LHS 2:30 pm	2* <u>Practice:</u> Pineland Farms Bus at 2:30 pm	3 <u>Practice:</u> LHS 2:30 pm	4 <u>Practice:</u> LHS 2:30 pm	5 <u>Away Meet</u> At Festival of Champions 10:30 am Start Time
6	7 <u>Practice:</u> LHS 2:30 pm	8 <u>Practice:</u> Thorncrag 3:00 pm	9* <u>Practice:</u> Pineland Farms Bus at 2:30 pm	10 <u>Practice:</u> LHS 2:30 pm	11 <u>Away Meet</u> At Mt. Blue Relays 4:00 pm	12
13	14 <u>Practice:</u> Lake Auburn Trail 8:30 am	15 <u>Practice:</u> LHS 2:30 pm	16 <u>Practice:</u> Thorncrag 3:00 pm	17 <u>Practice:</u> LHS 2:30 pm	18 <u>Practice:</u> LHS 2:30 pm	19 <u>Away Meet</u> At KVAC Championship G-11 am, B-12:30 pm
20	21 <u>Practice:</u> Thorncrag 3:00 pm	22 <u>Practice:</u> LHS 2:30 pm	23 <u>Practice:</u> Lake Auburn Trail 1:00 pm	24 <u>Practice:</u> LHS 2:30 pm	25 <u>Practice:</u> LHS 2:30 pm	26 <u>Away Meet</u> At Regional Championship G-1:20 pm, B-1:55 pm
27	28 <u>Practice:</u> LHS 2:30 pm	29 <u>Away Meet</u> At Second 7 Meet (EL) 4:00 pm	30 <u>Practice:</u> LHS 2:30 pm	31 <u>Practice:</u> LHS 2:30 pm	1 <u>Practice:</u> LHS 2:30 pm	2 <u>Away Meet</u> At State Championship G-1:40 pm, B-2:20 pm

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